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**Do you want to know how your child is doing with nutrition habits?**

**Nutri-eSTEP is a nutrition web tool developed for parents of young children by dietitians. Answer a few short questions and receive personalized feedback on what is going well and what to work on.**

<18> – 35 months: [**http://www.nutritionscreen.ca/toddler/Default.aspx**](http://www.nutritionscreen.ca/toddler/Default.aspx)

3 – 5 years:  **http://www.nutritionscreen.ca/preschooler/Default.aspx**



**More questions? Book an appointment with a Registered Dietitian**

**In Brandon, if your Doctor or Nurse Practitioner is at:**

**Western Medical Clinic, call 204-727-6451**

**Brandon Clinic, call 204-571-7139**

**7th Street Health Access Centre or any other clinic located in Brandon, call 204-578-4813**

**Outside of Brandon, call 1-877-509-7852**